**WHAT IS SYSTEMS THINKING?**

"A systems approach begins when you see through the eyes of another."

C. West Churchman

- A method to help find relationships and patterns within the system
- Ability to shift patterns of behavior
- A way to embrace complexity and work towards a healthier system

*System*: A set of things that are interconnected

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**SYSTEMS THINKING TRAINING**

**PURPOSE OF THE TRAINING**
- Provide general systems thinking tools for youth serving professionals
- Learn to solve and map systems with youth serving professionals

**WHO SHOULD ATTEND**
- Public Health Practitioners
- Social Workers
- Educators
- Parents
- Policy Makers
- Government Officials
- Other youth serving professionals

**WORKSHOP LOGISTICS**
- 2-day interactive workshops

**LEVEL ONE**
- Introduction to systems
- System Influences
- Mapping a system
- Action planning

**LEVEL TWO**
- Mapping a system
- Validation
- Leverage points
- Action planning